

Perspectives On Personality

Carver E Scheier

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[The Oxford Handbook of Health Psychology](#) - Howard S. Friedman 2013-12-15

The flaws in today's healthcare systems and practices are well-documented: millions remain far from optimal health due to a variety of psychological and social factors; large numbers of patients do not fully cooperate with medical advice; errors in medical decision-making -- some stemming from flaws in

interpersonal relations -- regularly lead to needless suffering and death. Further, the effects of emotions, personality, and motivation on healing are not well incorporated into traditional medical care. The Oxford Handbook of Health Psychology compiles the most relevant scholarship from psychology, medicine, and public health to offer a

thorough and authoritative model of the biopsychosocial approach to health. A collection of international contributors addresses all relevant concepts in this model, including its applications to health promotion, health behavior change, and treatment.

Handbook of Theories of Social Psychology - Paul A M Van Lange 2011-08-31

Providing a comprehensive exploration of the major developments of social psychological theories that have taken place over the past half century, this innovative two-volume handbook is a state of the art overview of the primary theories and models that have been developed in this vast and fascinating field. Authored by leading international experts, each chapter represents a personal and historical narrative of the theory's development including the inspirations, critical junctures, and problem-solving efforts that effected theoretical choices and determined the theory's impact and its

evolution. Unique to this handbook, these narratives provide a rich background for understanding how theories are created, nurtured, and shaped over time, and examining their unique contribution to the field as a whole. To examine its societal impact, each theory is evaluated in terms of its applicability to better understanding and solving critical social issues and problems.

Handbook of Approach and Avoidance Motivation - Andrew J. Elliot 2013-05-13

Of the many conceptual distinctions present in psychology today, the approach-avoidance distinction stands out as one of, if not the, most fundamental and basic. The distinction between approach and avoidance motivation has a venerable history, not only within but beyond scientific psychology, and the deep utility of this distinction is clearly evident across theoretical traditions, disciplines, and content areas. This volume is designed to

illustrate and highlight the central importance of this distinction, to serve as a one-stop resource for scholars working in this area, and to facilitate integration among researchers and theorists with an explicit or implicit interest in approach and avoidance motivation. The main body of this volume is organized according to seven broad sections that represent core areas of interest in the study of approach and avoidance motivation, including neurophysiology and neurobiology, and evaluative processes. Each section contains a minimum of four chapters that cover a specific aspect of approach and avoidance motivation. The broad applicability of the approach-avoidance distinction makes this Handbook an essential resource for researchers, theorists, and students of social psychology and related disciplines.

The Happy Mind: Cognitive Contributions to Well-Being

- Michael D. Robinson

2017-06-28

This edited volume focuses on different views of happiness and well-being, considering constructs like meaning and spirituality in addition to the more standard constructs of positive emotion and life satisfaction. A premise of the volume is that being happy consists of more than having the right things happen to us; it also depends on how we interpret those events as well as what we are trying to achieve. Such considerations suggest that cognitive-emotional factors should play a fairly pronounced role in how happy we are. The present volume pursues these themes in the context of 25 chapters organized into 5 sections. The first section centers on cognitive variables such as attention and executive function, in addition to mindfulness. The second section considers important sources of positive cognition such as savoring and optimism and the third section focuses on self-regulatory contributions to well-being. Finally, social processes are covered in a

fourth section and meaning-related processes are covered in the fifth. What results is a rich and diverse volume centering on the ways in which our minds can help or hinder our aspirations for happiness.

The Psychology of Quality of Life - M. Joseph Sirgy

2012-06-20

The second edition will be an update and further elaboration of the literature related to subjective well-being, happiness, and life satisfaction. It will have a new substantial section that focuses on reviewing much of the literature of subjective well-being within specific life domains (social life, material life, leisure life, work life, community life, spiritual life, family life, health life, sex life, travel life, etc.) In the 1st edition the research in these various life domains was discussed only briefly. The second edition will maintain the same organizational structure of the first edition; that is, Part 1 will focus on introduction (definitions and distinctions; examples of

measures of subjective well-being, happiness, and life satisfaction; and motives underlying subjective well-being). Part 2 will focus on psychological strategies that are allow people to optimize subjective well-being by engaging in psychological processes related to the relationship between and among life domains (e.g., social life, family life, love life, spiritual life, community life, financial life, etc.) This part will contain four chapters related to these various “inter-domain” processes: bottom-up spillover, top-down spillover, horizontal spillover, and compensation. Part 3 of the book will focus on “intra-domain” psychological strategies designed to optimize subjective well-being. These include re-evaluation based on personal history, re-evaluation based on self-concept, re-evaluation based on social comparison, goal selection, goal implementation and attainment, and re-appraisal. Part 4 of the book will focus on balance processes—how people

attempt to create balance in their lives using psychological processes within specific life domains (intra-domain strategies) and processes that relate one domain to another (inter-domain strategies).

Test Anxiety - Moshe Zeidner
2006-04-11

Examination stress and test anxiety are pervasive problems in modern society. As the information age continues to evolve, test scores will become even more important than they are today in evaluating applicants for demanding jobs and candidates for admission into highly competitive educational programs. Because test anxiety generally causes decrements in performance and undermines academic achievement, the development of effective therapeutic interventions for reducing its adverse effects will continue to be an important priority for counselors, psychologists, and educators. Alleviating test anxiety will also serve to counteract the diminished access to educational and occupational opportunities that

is frequently experienced by test-anxious individuals. As its title promises, this volume provides a state-of-the-art evaluation of the nature, antecedents, correlates, and consequences of examination stress and test anxiety.

Professor Zeidner's cogent and comprehensive analysis of the affective, cognitive, somatic, and behavioral manifestations of test anxiety are grounded in the extensive knowledge he has gained from his own research on the assessment and treatment of test anxiety. This work has also benefitted from the author's longstanding and productive collaboration with leading contributors to test anxiety theory and research, and his active participation in national and international conferences devoted to understanding test anxiety, including those convened by the Society for Test Anxiety Research (STAR).

Psychology of Self-Regulation - Joseph P. Forgas
2011-02-25

The ability to regulate and control our behaviors is a key

accomplishment of the human species, yet the psychological mechanisms involved in self-regulation remain incompletely understood. This book presents contributions from leading international researchers who survey the most recent developments in this fascinating area. The chapters shed new light on the subtle and often subconscious ways that the people seek to regulate their thoughts, feelings and behaviors in everyday social life. The contributions seek answers to such intriguing questions as: How can we improve our ability to control our actions? How do people make decisions about which goals to pursue? How do we maintain and manage goal-oriented behavior? What happens when we run out of self-regulation resources? Can we match people and the regulatory demands of to specific tasks so as to optimize performance? What role does self-regulation play in sports performance, in maintaining successful relationships, and in managing

work situations? The book offers a highly integrated and representative coverage of this important field, and is suitable as a core textbook in advanced courses dealing with social behavior and the applications of psychology to real-life problems.

The Handbook of Rational Choice Social Research -

Rafael Wittek 2013-06-05

The Handbook of Rational Choice Social Research offers the first comprehensive overview of how the rational choice paradigm can inform empirical research within the social sciences. This landmark collection highlights successful empirical applications across a broad array of disciplines, including sociology, political science, economics, history, and psychology. Taking on issues ranging from financial markets and terrorism to immigration, race relations, and emotions, and a huge variety of other phenomena, rational choice proves a useful tool for theory-driven social research. Each chapter uses a rational choice framework to

elaborate on testable hypotheses and then apply this to empirical research, including experimental research, survey studies, ethnographies, and historical investigations. Useful to students and scholars across the social sciences, this handbook will reinvigorate discussions about the utility and versatility of the rational choice approach, its key assumptions, and tools.

Persönliche Ziele junger Erwachsener - Oliver Lüdtke, Detlef H Rost

Unter persönlichen Zielen werden Anliegen, Bestrebungen und Vorhaben verstanden, die eine Person in ihrem alltäglichen Handeln verfolgt. Persönliche Ziele bringen zum Ausdruck, was eine Person in Zukunft erreichen möchte, aber auch welche Anforderungen in ihrer gegenwärtigen Lebenssituation an sie gestellt werden. Im Mittelpunkt dieser Arbeit steht die Frage, welche Ziele junge Erwachsene verfolgen, warum sie dies tun und welche Konsequenzen die

Zielverfolgung für sie besitzt. In vier empirischen Studien wird belegt, dass vor allem die Gründe, aus denen persönliche Ziele verfolgt werden (selbst- vs. fremdbestimmt), eine Bedeutung für die Zielverfolgung und das emotionale Befinden in unterschiedlichen Lebenskontexten besitzen. Handbook of Self-Regulation, Third Edition - Kathleen D. Vohs 2016-06-01

From leading authorities, this significantly revised and expanded handbook is a highly regarded reference in a rapidly growing field. It thoroughly examines the conscious and unconscious processes by which people manage their behavior and emotions, control impulses, and strive toward desired goals. Chapters explore such vital issues as why certain individuals have better self-control than others; how self-regulation shapes, and is shaped by, social relationships; underlying brain mechanisms and developmental pathways; and which interventions can improve people's self-control.

The volume also addresses self-regulatory failures and their consequences, with chapters on attention-deficit/hyperactivity disorder, criminality, addictions, and money management challenges. As a special bonus, purchasers of the third edition can download a supplemental e-book featuring two notable, highly cited chapters from the second edition. New to This Edition *Incorporates current topic areas, theories, and empirical findings. *Updated throughout, with 21 new chapters and numerous new authors. *Cutting-edge topics: implicit self-regulation processes, the role of physical needs and processes (such as the importance of sleep), the benefits of dampening positivity, the frequency and consequences of emotional control in the workplace, and self-regulation training. *Expanded coverage of motivational factors, romantic relationships, and lapses of self-control. *Supplemental e-book featuring selected chapters from the prior edition.

Mental Health and Well-being -

Navin Kumar 2022-12-16

The book analyses mental health, well-being, and their interdependence through Indian perspectives. It offers critical insights on mastering wellness, stress, and coping, suffering and healing, and achieving work-life balance. Describing key concepts of the Indian philosophical thought with contemporary implications, the volume focuses on explaining the how mental health and mental well-being are correlated. It examines the dynamic interplay of biological, social, psychological, ecological, cultural, religious, and spiritual factors that affect individuals in their everyday lives and act as contributing factors to our illness or wellness. The book also explores in-depth Indian traditions of spirituality and their significant contributions to mental well-being, including discussions on concepts found in Ayurveda and Yoga. This book will be of interest to students, researchers, and teachers of psychology, applied

psychology, clinical and counselling psychology, and wellness. It will also be very helpful for academicians, mental health professionals, counsellors, and those working in health and wellbeing industries.

A Positive Psychology Perspective on Quality of Life - Anastasia Efklides

2012-11-02

The construct “quality of life (QoL)”, since the 1980s, when it was introduced, is being used mainly in the context of health problems. Areas of one’s life that contribute to QoL are good physical and mental health, efficient cognitive functioning, social support, being able to meet the requirements of professional life, positive emotions, etc (Power, 2003). Work on subjective well-being (SWB), on the other hand, was developed in the context of healthy everyday life; it also has a history of more than 30 years. During this 30-year period factors that have an impact on SWB, such as SES, gender, health, age, and religiosity have been identified

(Diener, 2000). A third independent line of research pertains to what has been called Positive Psychology (Seligman & Csikszentmihalyi, 2000), that is, an emphasis on human strengths, such as optimism, hope, wisdom, positive emotions, resilience, etc., which contribute to positive functioning in life. Recently, SWB has been associated to human strengths and to the movement of positive psychology but this did not happen for QoL, possibly because of its emphasis on people with health problems. However, QoL can be conceived of as a generic term that pertains to all people, healthy or not. In this sense, it is closely related to SWB defined as happiness (Diener, 2000). Also, QoL encompasses positive emotions that go beyond happiness and has the advantage that it can be applied to many different domains of life such as interpersonal relations, health-related situations, and professional and educational strivings. Moreover, the

mechanism(s) that underpin QoL and SWB can be studied in relation to people's goals and strengths of character, that is, from a positive psychological perspective. Such a perspective can reveal the specificities of "quality" in the various domains of life and, specifically, the positive emotions and strengths that contribute to a happier, healthier, and more successful life, even in face of adversity. Therefore, despite the differences among the three theoretical traditions, namely QoL, SWB, and positive psychology, it is possible to find the common ground they share and each of them can benefit from notions developed in the others. The aim of the present book is to bring together these three traditions, show the interactions of variables emphasized by them, and give an integrative perspective from the positive psychology point of view. It also aims to extend the range of life situations in which one can look for quality and which go beyond the traditional

emphasis of QoL on health problems. Thus, the content of the proposed book covers different age populations (from children to older adults), healthy and people facing health problems as well as people facing problems in their interpersonal lives or in their pursuits. It also discusses factors that contribute to marital satisfaction, well being in the school context, and things that people value and cherish. The chapters refer to notions such as happiness, interest, resilience, wisdom, hope, altruism, optimism, and spirituality/religiosity that represent unique human strengths. Finally, it emphasizes the role of goals and motivation that connect SWB with self-regulation and managing of one's life priorities. To conclude, the chapters included in the proposed edited book aim at bringing to the fore new theoretical developments and research on QoL, SWB, and positive psychology that bridges previously distinct theoretical traditions. The

proposed book covers a broad range of topics, addresses different theoretical interests and paves the way for a more integrative approach. Finally, it brings together an international set of authors, from USA, Europe, Australia, and Asia.

The Oxford Handbook of Close Relationships - Jeffrey A.

Simpson 2013-05-02

This book provides an in-depth and comprehensive summary of the psychology of close relationships, and showcases classic and contemporary theories, models, and empirical research that have been conducted in the field.

Advances in Motivation Science - 2017-05-18

Advances in Motivation Science, Volume Four, is the latest in Elsevier's brand new serial on the topic of motivation science. It is a timely serial on an area of study that has not only been a mainstay of the science of psychology, but also a major influence in early dynamic and Gestalt models of the mind and fundamental to behaviorist

theories of learning and action. The advent of the cognitive revolution in the 1960 and 70s eclipsed the emphasis on motivation to a large extent, but in the past two decades motivation has returned en force. Today, motivational analyses of affect, cognition, and behavior are ubiquitous across psychological literatures and disciplines. In essence, motivation is not just a "hot topic on the contemporary scene, but is firmly entrenched as a foundational issue in scientific psychology. This volume brings together internationally recognized experts who focus on cutting-edge theoretical and empirical contributions in this important area of psychology. Presents a brand new serial on the field of motivation science and research Provides a timely overview of important research programs conducted by the most respected scholars in psychology Gives special attention to directions for future research

Oxford Handbook of Human Action - Ezequiel Morsella

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2009

Thinking and reasoning, long the academic province of philosophy, have over the past century emerged as core topics of empirical investigation and theoretical analysis in the modern fields of cognitive psychology, cognitive science, and cognitive neuroscience.

Formerly seen as too complicated and amorphous to be included in early textbooks on the science of cognition, the study of thinking and reasoning has since taken off, branching off in a distinct direction from the field from which it originated. The Oxford Handbook of Thinking and Reasoning is a comprehensive and authoritative handbook covering all the core topics of the field of thinking and reasoning. Written by the foremost experts from cognitive psychology, cognitive science, and cognitive neuroscience, individual chapters summarize basic concepts and findings for a major topic, sketch its history, and give a sense of the directions in which research is

currently heading. Chapters include introductions to foundational issues and methods of study in the field, as well as treatment of specific types of thinking and reasoning and their application in a broad range of fields including business, education, law, medicine, music, and science. The volume will be of interest to scholars and students working in developmental, social and clinical psychology, philosophy, economics, artificial intelligence, education, and linguistics.

Handbook of Self-Regulation, Second Edition -

Kathleen D. Vohs 2013-01-18

This authoritative handbook reviews the breadth of current knowledge on the conscious and nonconscious processes by which people regulate their thoughts, emotions, attention, behavior, and impulses. Individual differences in self-regulatory capacities are explored, as are developmental pathways. The volume examines how self-regulation shapes, and is shaped by, social relationships. Failures of self-

regulation are also addressed, in chapters on addictions, overeating, compulsive spending, and attention-deficit/hyperactivity disorder. Wherever possible, contributors identify implications of the research for helping people enhance their self-regulatory capacities and pursue desired goals. New to This Edition: * Incorporates significant scientific advances and many new topics. * Increased attention to the social basis of self-regulation. * Chapters on working memory, construal-level theory, temptation, executive functioning in children, self-regulation in older adults, self-harming goal pursuit, interpersonal relationships, religion, and impulsivity as a personality trait.

The Self in Social Psychology - Roy F. Baumeister 1999

For students, this is an invaluable collection of some of the best work on the topic, and for the specialist it will be a handy resource. It is ideal for advanced undergraduate and graduate courses on self,

identity, and related topics.

Self-Regulation and Autonomy - Bryan W. Sokol 2013-11-18

Self-regulation and autonomy have emerged as key predictors of health and well-being in several areas of psychology. This timely volume brings together eminent scholars at the forefront of this research, which is taking place in disciplines including developmental psychology, developmental neuroscience, social psychology and educational psychology. The contributors present ideas and research findings on the development of self-regulation and autonomy, including their biological bases, antecedents and consequences. Editors Bryan W. Sokol, Frederick M. E. Grouzet and Ulrich Müller have shaped the volume's multidisciplinary perspective on self-regulation and autonomy to reflect the legacy of Jean Piaget, the trailblazing developmental psychologist whose work drew on a diverse body of research.

Handbook of Psychology,

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Industrial and Organizational Psychology -

Neal W. Schmitt 2012-10-10
Psychology is of interest to academics from many fields, as well as to the thousands of academic and clinical psychologists and general public who can't help but be interested in learning more about why humans think and behave as they do. This award-winning twelve-volume reference covers every aspect of the ever-fascinating discipline of psychology and represents the most current knowledge in the field. This ten-year revision now covers discoveries based in neuroscience, clinical psychology's new interest in evidence-based practice and mindfulness, and new findings in social, developmental, and forensic psychology.

Positive Psychologie der Hoffnung - Andreas M. Krafft 2018-04-11

Dieses Buch lädt ein, das Phänomen der Hoffnung in seinen verschiedensten Facetten zu entdecken und zu verstehen. Den

wissenschaftlichen Rahmen bietet dabei die Positive Psychologie, flankiert von Theologie und Philosophie – ergänzt durch die Erkenntnisse der Autoren aus dem „Hoffnungsbarometer“, einer seit 2009 laufenden Untersuchung in Deutschland und der Schweiz zur Bedeutung und Erfahrung des Phänomens Hoffnung im Alltag der Menschen. Das Wesentliche, was die Forschung bisher über Hoffnung ermittelt hat, kann in diesem Buch erfahren werden: als wertvolles Grundwissen für Handlungsfelder wie Psychologie, Psychotherapie, Medizin, Pflege, Bildung, Sozialarbeit, Betreuung, Kirche, Coaching und Führung – sowie als Überblick zum Stand der Forschung für Wissenschaftler/-innen und Lehrende.

Global Perspectives in Cross-Cultural and Cross-National Consumer Research - Erdener Kaynak 2012-11-12

Global Perspectives in Cross-Cultural and Cross-National

Consumer Research deals with several important issues crucial for greater understanding of international and cross-cultural consumer behavior. This understanding in turn can provide international marketers with valuable insights, such as conditions under which globalization may or may not work. The coverage in this book is interdisciplinary in nature, and the chapters discuss several constructs (intermediary variables, processes, and also other environmental influences) related to social, personal, and psychological components or consequences of culture. The book begins with a conceptual model of the effect of culture on consumer behavior, with the components and consequences of the cultural influences clearly identified in terms of social, personal, and psychological factors. The following chapters discuss general issues related to globalization and standardization, present conceptual approaches to

propositions relating to multicultural contexts, and address consumer complaining behavior and responses to advertising. There are five chapters on empirical and methodological studies conducted in specific pairs of countries, with data obtained from Canada, Denmark, Japan, Germany, Poland, Romania, and the United States. In presenting readers with new information, *Global Perspectives in Cross-Cultural and Cross-National Consumer Research* spans these specific topics: the nature of cultural influence on consumer behavior globalization versus customization of international marketing strategy individualism versus collectivism right versus left symbolism product involvement consumer response to information technology interdependent versus independent cultures The contributors are well-known scholars in the international/cross-cultural marketing field; their chapters present state-of-the-art

developments in this area. The coverage of the material is interdisciplinary in nature and is likely to benefit a broad audience, especially academic researchers in international or cross-cultural consumer research and librarians of research-oriented schools, universities, or organizations.

Advances in Motivation

Science - Andrew J. Elliot
2020-02-13

Advances in Motivation Science, Volume Seven, the latest release in Elsevier's serial on the topic of motivation science, contains interesting articles that cover topics such as Moving from Research on Message Framing to Principles of Message Matching: The Use of Gain- and Loss-Framed Messages to Promote Healthy Behavior, 35 Years of Research on Students' Subjective Task Values and Motivation: A Look Back and a Look Forward, The Motivational Potency of Nostalgia: The Future is Called Yesterday, Adaptive Self-Regulation, Subjective Well-Being, and Physical Health:

The Importance of Goal Adjustment Capacities, and much more. Presents new research in the field of motivation science and research Provides a timely overview of important research programs conducted by the most respected scholars in psychology Gives special attention to directions for future research

The British National Bibliography - Arthur James Wells 1996

Einführung

Gesundheitspsychologie - Nina Knoll 2017-01-16

Diese Einführung informiert über gesundheitspsychologische Theorien, Modelle und Forschungsergebnisse: - Welche Faktoren beeinflussen die Gesundheit (z. B. Stress, Resilienz, soziale Unterstützung)? - Wie entsteht Risikoverhalten (z. B. Rauchen, mangelnder Sonnenschutz)? - Wie kann man gesundheitsschädliche Verhaltensweisen verändern (z. B. Prävention,

Rückfallvermeidung)? Am Beispiel von Herzerkrankungen und Krebs wird gezeigt, wie gesundheitspsychologisches Wissen bei Vorsorge und Therapie umgesetzt werden kann. Gesundheitsprogramme werden kritisch unter die Lupe genommen. Ideal für Einsteiger, die das Fach Gesundheitspsychologie und seine Anwendungsgebiete kennenlernen wollen!

Performance Psychology -

Markus Raab 2015-09-24

This book integrates findings from across domains in performance psychology to focus on core research on what influences peak and non-peak performance. The book explores basic and applied research identifying cognition-action interactions, perception-cognition interactions, emotion-cognition interactions, and perception-action interactions. The book explores performance in sports, music, and the arts both for individuals and teams/groups, looking at the influence of cognition, perception, personality, motivation and

drive, attention, stress, coaching, and age. This comprehensive work includes contributions from the US, UK, Canada, Germany, and Australia. Integrates research findings found across domains in performance psychology Includes research from sports, music, the arts, and other applied settings Identifies conflicts between cognition, action, perception, and emotion Explores influences on both individual and group/team performance Investigates what impacts peak performance and error production

Handbook of Multicultural Perspectives on Stress and

Coping - Paul T. P. Wong

2007-02-15

The only book currently available that focuses and multicultural, cross-cultural and international perspectives of stress and coping A very comprehensive resource book on the subject matter Contains many groundbreaking ideas and findings in stress and coping research Contributors are international scholars, both well-established authors as

well as younger scholars with new ideas Appeals to managers, missionaries, and other professions which require working closely with people from other cultures
Motivational Perspectives on Chronic Pain - Paul Karoly
2018-08-07

Motivational Perspectives on Chronic Pain is one of the first volumes to present a cohesive account of the adaptation to chronic pain from a motivational perspective. Contributing authors from diverse areas of pain research offer comprehensive summaries of the concepts, findings, and applied methodologies that converge on the role of goals and goal-related cognitive processes, self-regulatory support mechanisms, contextual forces, and emotionality as they influence (and are influenced by) the experience of chronic pain. This volume provides readers with an up-to-date compendium of cutting-edge research and interventions that collectively illustrate the utility of viewing chronic pain neither

as a "disease" nor an imposed lifestyle, but as the emergent and potentially flexible product of a complex transactional system that is bounded by both sociocultural factors and by biogenetic and neural moderating forces. Within its pages, chapters capture the vibrancy of current theory, research, and practice while pointing toward unexplored new directions. Among the important topics addressed by this distinguished group of authors include: the nature and relevance of control systems, the role of neural mechanisms on pain processing, the influence positive and negative emotion regulation play on pain management, the impact of learning and conditioning, and the often neglected influence of interpersonal processes on adjustment to chronic pain.

Positive Emotion - June Gruber 2014

Everyone cares about positive emotion and what makes us happy. But do we really know both sides of the story about our most treasured feelings?

This comprehensive volume provides the first account of the light and the dark sides of positive emotion, and how they can help us and sometimes even hurt us.

Essentials of Psychology -

Douglas Bernstein 2013-01-18

In a concise and accessible format that incorporates the latest research, ESSENTIALS OF PSYCHOLOGY, 6th Edition, encourages you to learn by doing--to actively participate using materials from the text and to think about what you're learning as opposed to passively receiving written information. Effective learning features that help you master the material include Linkages that show how topics in psychology are interrelated, Thinking Critically sections that walk you through a five-question approach to one topic in each chapter, and Focus on Research sections organized around questions to help you learn to think objectively about research questions and results. Available with InfoTrac Student Collections
<http://gocengage.com/infotrac>.

Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Psychology in Context -

Stephen Michael Kosslyn 2006

To be the most comprehensive neuroscience introductory psychologybook, every chapter contains much new research and cutting-edgecoverage, all accessibly presented with engaging real-world examplesthat make the material relevant and interesting to students. Studentslearn the connections between the various fields of psychology in theirintroductory course by using Kosslyn /Rosenberg 3e. They also understand the science behind psychology while being motivated to learn with student-friendly pedagogy and real world examples. Students will understand the scientific method, how to think criticallyabout research, and how to draw inferences from the results.

Human Learned Helplessness -

Mario Mikulincer 2013-11-11

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Summarizing 25 years of research, the author integrates virtually the entire published literature on the phenomenon of learned helplessness, as well as some unpublished data, into a single coherent theoretical framework. Dr. Mikulincer accounts for the complex nature of the phenomenon by focusing on cognitive, motivational, and emotional processes, and then details a new coping perspective to deal with uncontrollable events. His groundbreaking work will become an essential reference for all future work in the field.

Der Marshmallow-Effekt -

Walter Mischel 2015-03-09

Wie Willensstärke unsere Persönlichkeit prägt Es ist das wohl berühmteste Experiment in der Geschichte der Psychologie: Ein Kind bekommt einen Marshmallow vorgesetzt und hat die Wahl – sofort aufessen oder warten, um später zwei zu bekommen? Wird es zögern oder zugreifen? Und was bedeutet diese Entscheidung für sein späteres Leben? Walter Mischel, weltbekannter Psychologe und

Erfinder des Marshmallow-Tests, zeigt in seinem Buch, wie Selbstdisziplin unsere Persönlichkeit prägt – und wie sie uns, in gesundem Maße, hilft, unser Leben zu meistern. Als Mischel vor mehr als vierzig Jahren vier- bis sechsjährige Kinder zum Marshmallow-Test bat, wollte er herausfinden, wie Menschen auf Verlockungen reagieren. Eher durch Zufall entdeckte er, dass die Fähigkeit der Kinder zum Belohnungsaufschub beeinflusste, wie sie später ihr Leben meistern würden. Je besser es ihnen gelang, sich zu beherrschen, desto eher entwickelten sie Selbstvertrauen, Stressresistenz und soziale Kompetenz. Wie aber kommt es, dass manche Menschen offenbar über stärkere Willenskraft verfügen als andere? Und, noch wichtiger: Ist diese Fähigkeit genetisch veranlagt oder kann man sie lernen? Walter Mischel beschäftigt sich seit mehr als vierzig Jahren mit diesen Fragen – im vorliegenden Buch präsentiert er seine

faszinierenden Erkenntnisse zum ersten Mal der breiten Öffentlichkeit.

Perspectives on Personality -

Charles S. Carver 2008

The various perspectives of the field of psychology provide the organizing framework - each perspective presented in two chapters is introduced by a prologue that describes the assumptions and themes of the perspective.

Social Metacognition - Pablo Briñol 2012-04-27

Metacognition refers to thinking about our own thinking. It has assumed a prominent role in social judgment because our thoughts about our thoughts can magnify, attenuate, or even reverse the impact of primary cognition. Metacognitive thoughts can also produce changes in thought, feeling, and behavior, and thus are critical for a complete understanding of human social behavior. The present volume presents the most important and advanced research areas in social psychology where the role of metacognition has been

studied. Specifically, the chapters of this book are organized into four substantive content areas: Attitudes and Decision Making, Self and Identity, Experiential, and Interpersonal. Each section consists in several chapters summarizing much of the work done in recent decades on critical topics, such as attitude strength, persuasion, bias correction, self-regulation, subjective feelings, embodiment, and prejudice, among others. This book also emphasizes interpersonal aspects of metacognition as they play an essential role in close relationships, groups, consumer and clinical interactions. Each chapter is written by an expert in the field, and presents a state-of-the-art view of the many ways metacognition has been examined by social psychologists.

Advances in Cognitive—Behavioral Research and Therapy -

Philip C. Kendall 2013-09-24

Advances in Cognitive-Behavioral Research

and Therapy, Volume 2 provides information pertinent to the fundamental aspects of cognitive-behavioral approaches to psychotherapy. This book presents the developments in the study of cognition, personality, learning, social interaction, and behavior therapy. Organized into seven chapters, this volume begins with an overview of cognitive schemata and cognitive processing as significant theoretical concepts for cognitive-behavioral therapy. This text then provides an analysis of self-mastery and the role of self-schemata in processing therapeutic information. Other chapters provide clinical guidelines for helping clients in changing their self-view and behavior. This book discusses as well the increasing influential role of fundamental cognition and social cognition in cognitive-behavioral interventions. The final chapter deals with the applied developments in the treatment of performance anxiety. This book is a valuable resource for

research and applied psychologists. Researchers and clinicians struggling with the interplay of behavior, cognition, and emotion will also find this book useful.

Social Psychology - Arie W. Kruglanski 2003

First Published in 2003.

Routledge is an imprint of Taylor & Francis, an informa company.

Handbook of Self-Regulation, Third Edition -

Kathleen D. Vohs 2017-10-13

"This authoritative handbook reviews the breadth of current knowledge on the conscious and nonconscious processes by which people regulate their thoughts, emotions, attention, behavior, and impulses. Individual differences in self-regulatory capacities are explored, as are developmental pathways. The volume examines how self-regulation shapes, and is shaped by, social relationships. Failures of self-regulation are also addressed, in chapters on addictions, overeating, compulsive spending, and attention-deficit/hyperactivity disorder.

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Wherever possible, contributors identify implications of the research for helping people enhance their self-regulatory capacities and pursue desired goals"...

Perspectives on Behavioral Self-Regulation - Robert S.

Wyer, Jr. 2012-12-06

The feedback model of self-regulation developed by the authors of the lead article in this volume has been one of the most successful theoretical formulations of regulatory processes to date. The range of phenomena to which this framework potentially applies is evident from its ability to incorporate implications of other conceptualizations as diverse as catastrophe theory and dynamic systems theory. The diversity of issues and approaches dealt with by Carver and Scheier is matched by the companion articles, which are written from perspectives ranging across developmental psychology, cognitive science, clinical psychology, and organizational decision making, as well as mainstream social cognition.

Psychologische Schuldfähigkeitsbegutachtung bei sogenannter schwerer anderer seelischer Abartigkeit - Alexander F. Schmidt
2017-01-27

Angesichts der Häufigkeit und Tragweite der Schuldfähigkeitsbegutachtung bei sogenannter schwerer anderer seelischer Abartigkeit (SASA) ist eine wissenschaftlich fundierte Methodenentwicklung Grundvoraussetzung psychowissenschaftlicher Sachverständigentätigkeit. Das Fehlen empirisch fundierter Schuldfähigkeitsmerkmale für das vierte Eingangsmerkmal führt in der Praxis häufig dazu, dass auf in beliebiger Form kombinierte, idiosynkratisch geprägte Lehrmeinungen und Erfahrungswerte zurückgegriffen wird. Dies beeinträchtigt die Rechtssicherheit in einem Feld, in dem Menschen weitreichenden Entscheidungen bezüglich der ihnen zuzumutenden Maßnahmen unterworfen sind. Vor diesem Hintergrund ist es

Anliegen dieses Buches, ein empirisch basiertes gutachterliches Vorgehen der psychologischen Schuldfähigkeitsbegutachtung bei SASA vorzustellen, das mit der forensischen Praxis vereinbar ist. Dabei wird zunächst einführend auf die rechtlichen Rahmenbedingungen, bisher entwickelte entscheidungsorientierte Begutachtungsheuristiken sowie Mindeststandards eingegangen. Das neu vorgestellte Vorgehen zur Schuldfähigkeitsbegutachtung bei SASA wird dabei über ein Vulnerabilitäts-Stress-Modell konzipiert, innerhalb dessen Bewältigungsfähigkeiten eine zentrale Rolle spielen. Dies wird aus einer persönlichkeitspsychologischen Rahmentheorie im Spannungsfeld von Saluto- und Pathogenese abgeleitet und anhand entsprechender Hypothesen überprüft. Auf der konkreten Begutachtungsebene wird ein zwei-axiales Begutachtungssystem

vorgestellt, das sowohl situationsübergreifende als auch tatbezogene Erlebens- und Verhaltensweisen berücksichtigt. Prototypen schuld- und vermindert schulfähiger Straftäter sowie eine zugehörige Begutachtungsheuristik auf empirischer Grundlage werden dargestellt. Das Buch stellt in Fortführung der Forschungstätigkeit zu diesem Thema umfassendes empirisches Material zur Überprüfung und Absicherung der vorgestellten Heuristik für die Schuldfähigkeitsbegutachtung bei SASA zur Verfügung. Es stellt ein hilfreiches forensisches Arbeits- und Forschungsmittel für Psychologen, Psychiater und Juristen dar.

Foundations of Health Psychology - Howard S. Friedman 2007

Foundations of Health Psychology brings together top experts to provide a much-needed conceptual base for this rapidly expanding field. Rather than take a medical

model approach, the volume examines health psychology from a theoretical, conceptual, and psychological perspective. After presenting an overview of the field's history and methods,

the contributors address major concepts of the biopsychosocial approach to health and then discuss applications to health promotion and effective treatment and prevention.