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How Does Intuition Work - IntroBooks Team

Intuition is a phenomenon that offers people the ability to know something instinctively without adopting analytical thought, striking a balance between human mind's conscious and unconscious components, as well as between intuition and intent. Human disconcert is founded on centuries of social bias with the notion of focusing on intuition. In the age of big data, it might seem like a subterfuge or inadequate process to rely on intuition what others consider spirit, instinct, a sixth sense, or a gut feeling. But according to a study of high-level executives, most business pioneers take advantage of their experiences and feelings when coping with challenges. And despite appearances, intuition is not an unconventional term specifically reserved for the realm of self-elating emotion. In reality, there is a neurological foundation for it. When one understands intuition oriented science and how ideas can be affected, he can decide more readily when it is better to go with the gut feeling and when it is better to look at available data.

[Journey to Mudryi](#) - Ira Kamp DDS 2017-05-18

The magic of human life has always fascinated Dr. Ira Kamp. Through his experiences with meditation, he uncovered the mysteries of healing and the human body. In Journey to Mudryi, Kamp discusses the basis of energetic, esoteric, and spiritual healing. He explores many issues relating to physical health and spiritual well-being and weaves both his

personal and professional experiences to present a helpful resource for healers and those needing healing. Journey to Mudryi brings together all forms of healing and shares information on energetic healing useful for acupuncturists, massage therapists, naturopaths, chiropractors, spiritual counselors, and healers, as well as physicians, nurses, and psychologists. It provides a well-rounded understanding of healing to help practitioners create a healing experience that is effective, tolerant, and respectful of each persons path on his or her journey to transformation. An innovative and deeply personal exploration of how the miracle of healing takes place between the healer and the one in need of healing, told with compassion and wit. Marne OShae, MD, integrative family physician **Hope, Help, Healing with Archangel Raphael and the Angels** - Mary LaSota 2007-05

In this book, Hope, Help, Healing with Archangel Raphael and The Angels, many comments and much information is given which is extremely important at this time in terms of very much needed hope both in the present and for the future. Planet Earth and the individuals living on it need to know about Angels, Archangels, Spirit Guides, and Ascended Masters in order to avail themselves of all the helpful, hopeful, healing, protecting and guiding ways they have given in the past and about how all these offerings can be utilized now. The Emerald Joy Healing Ceremonials, the attunements and the messages are valuable

because they come directly from Archangel Raphael himself, his contributions benefiting us all. The authors intensive and extensive research about past Golden Ages and the predicted Golden Age to come culminates in a last chapter which shows the cosmic role Planet Earth has played in the past and needs to play again. This book has come forth at this time to offer words of hope, help, and healing to a world in its transformational period!

Weisheit aus dem Bauch - Karin Myria Pickl 2009-11-20

Intuition: Viel mehr als nur ein Gefühl Intuition ist die Summe all unserer Wahrnehmungen. Intuition schließt Emotionen, Denken, Wissen und Erfahrungen mit ein. So ist es naheliegend, dieses Thema interdisziplinär und ganzheitlich zu betrachten. Die Autorin hat elf Experten befragt, die auf unterschiedlichste Weise mit dem Thema Intuition im Alltag leben, es erforschen, lehren und nutzen. Sie kommen aus den Bereichen Psychologie, Neurobiologie, Medizin, Naturheilkunde, Schamanismus, Coaching, Philosophie, Musik und Spiritualität und führen dem Leser sowohl die Vielfalt als auch ihre persönliche Sicht von Intuition vor Augen. Es werden Gemeinsamkeiten wie auch Unterschiede aufgezeigt, Hintergrundwissen vermittelt und Tipps für die praktische Umsetzung gegeben. Ein Beitrag, um dem eigenen Leben in seiner Einzigartigkeit auf die Spur zu kommen.

Homo sapiens divine - Varghese Mani 2016-08-09

Explicit evidence exists for the progression of life—over a period of three-and-a-half billion years—from a strand of protein to an intelligent human, through trial, rejection and selection. The process continues and, if not hindered, a higher destiny awaits us in the distant future. Is life a property of matter? Is evolution a passive process? Or, does it have an aim or purpose? What is the role of beauty, intelligence and awareness in this evolutionary saga? Is eugenics going to hinder the natural process? Are we on our way to self-inflicted extinction? This book ponders on these questions and attempts to trace life's quest for perfection—where beauty, vitality and wisdom meet.

New Brain, New World - Erik Hoffman 2012-04

A fascinating insight into just how different our world could be if the

human brain continues to evolve, allowing us to access higher levels of consciousness. New Brain, New World uses cutting edge brain research to show how the ongoing evolution of the human brain could bring about a shift in human consciousness, ultimately creating a better world. We all know that over millions of years the human brain has evolved in many significant ways - so why would we assume that this process is not still happening? Based on a lifetime of research into brain function, the science of consciousness, and brain wave training, this book looks at how our brains may yet evolve, and the exciting implications that these developments may have for human consciousness. The author maintains that the global crisis facing us is basically a crisis of consciousness, and it is the human ego with its destructive feelings and insatiable greed that stands in the way of a new and better world. He believes that the evolution of the human brain can make that world a reality. This book explores: the science of consciousness the evolution of the human brain - how it has developed over millions of years, and how there is a huge potential latent in the part of the brain called the frontal cortex expanding human consciousness - the effects on the brain of meditation, feeling release therapy, and the drinking of ayahuasca, the mind-expanding herbal tea kundalini: an evolutionary energy in man awareness as a driving force in consciousness development - how we can play our own parts in helping our brains to evolve and access higher levels of consciousness by using alpha brain wave training for body-awareness and 'grounding', and frontal gamma wave training for focus and presence the new human brain looking towards a new future - the exciting possibilities for positive change and increased peace, love and compassion in the world if the human brain evolves.

The Inspired Teacher - Donna Quesada 2016-03-01

Donna Quesada had been teaching for about a dozen years when the first signs of burnout hit her. Rather than give in to her frustration, she reached for Buddha's teachings, the Zen wisdom that formed the basis of her own longtime spiritual practice. She survived the semester and gradually rediscovered the joy in her job that had been progressively declining. In this wise and inspirational book, she shares the lessons she

learned—lessons that revealed, time and again, that no matter the situation, it's always about getting your head in the right place first. Resolution begins in our own minds. Some days, some semesters, and even some years will be more challenging and more wearisome than others, she warns. But in *The Inspired Teacher*, Quesada offers a lasting source of encouragement and Zen. Although the book draws from Eastern teachings, the wisdom is for everyone, regardless of personal background, creed, or faith. With elements of *The Last Lecture* as well as *Chicken Soup for the Teacher's Soul*, this is the perfect gift for teachers—but also for anyone needing inspiration.

Generation Intuitive - Julie Hamilton 2008

The world is changing. Children, more than ever before, are highly sensitive to subtle energies through which they are intuitively and naturally connected to an infinite source of inner wisdom and creativity. Our children are the pioneers of a new way of living. They have a vastly different perception and experience of the world around them. They see a world full of possibility and endless potential. *GENERATION INTUITIVE* is upon us and it demands a whole new paradigm of parenting. Now, in this straightforward and down-to-earth guide to nurturing and developing your child's natural intuitive gifts. Julie Hamilton explores the significance of intuition in the modern age, highlighting it as one of the most powerful tools for our children to live empowered and successful lives. *GENERATION INTUITIVE* looks at all the different intuitive 'super-senses' available to our kids, exploring each one individually and providing parents with insights into how they work, and how to nurture and manage them best. Offering practical tools and advice, *GENERATION INTUITIVE* also features a range of entertaining visualisations, games and exercises to help children tap into their intuition and explore all its wondrous possibilities. *GENERATION INTUITIVE* equips parents with everything they need to know about caring for an emerging new generation of intuitive kids. As you learn to recognise, understand and nurture your children's unique intuitive gifts, you'll be helping them build their self-esteem, confidence and creativity, guiding them to make fantastic choices in life and ensuring they reach

their full potential and shine!

7 Mysteries of Life Unfolded for Awakening - Jeremy Ju Huang
2019-04-10

"It has been such a pleasure to read about your experience through the lens of Qabalah. The way you approached this project was very unique and creative, which seems to reflect the experience you have had in this life as well! I think you did very well representing the steps one could take in their own life, to connect deeper with Source and their most truthful inner being through this mystical system." Casey B., UMS Advisor, University of Metaphysical Sciences. "You do an excellent job of presenting the philosophy of "no mind" and considering its potentials. Your citations are well dispersed and help to support your meaning. Throughout the paper, your authenticity shined through." Elizabeth E., UMS Advisor, University of Metaphysical Sciences. Are you truly awakened or asleep? This book guides you understand "awakening," through the 7 mystical processes so you may get ready to experience the alchemy of transmutation and transformation using the Tree of Life; setting you free from duality pain, misery, and suffering. You can begin a nondual living of loving peace, joy, and happiness.

Metzler Lexikon Religion: Haar-Osho-Bewegung - 1999

Allah To Zen - Ma Chetan Unmani Swami Chaitanya Keerti 2000

2005 ACSA SW Regional Proceedings - IMPROVISATION - Southwestern Region 2006-05

2005 ACSA SW Regional Proceedings IMPROVISATION Lafayette, LA
Bewusstsein - Osho 2013-10-25

Zur Wirklichkeit erwachen Alle großen Meister, von Lao-tse, Buddha bis Gurdjieff, haben darauf hingewiesen, dass die meisten Menschen nicht wirklich wach sind. Wir verbringen unser Leben in einem Dämmerzustand der Unbewusstheit, nicht nur nachts, sondern auch tagsüber. Doch erst wenn wir vollkommen erwacht sind, präsent in allem, was wir tun, stehen uns alle Fähigkeiten unseres Bewusstseins vollständig zur Verfügung, sodass wir zur wahren Freiheit und

Meisterschaft des Lebens finden können. Zur Realität zu erwachen und vollkommen bewusst zu werden ist das Ziel aller menschlichen Entwicklung - und Bewusstheit ist der Weg, den der spirituelle Lehrer Osho mit der für ihn typischen Radikalität und Konsequenz beschreibt.

Liebe, Freiheit, Alleinsein - Osho 2020-09-28

In diesem provokativen Buch entwirft Osho eine zeitgemäße Vision der Liebe ohne moralische Zwänge. Von Mann und Frau fordert er, sich aus ihrer gegenseitigen Sklaverei zu lösen und einander die Freiheit zu schenken. Freiheit und Liebe fügen sich in Oshos Vision untrennbar zusammen. Doch auch das Alleinsein gehört dazu. Für Osho steht das Alleinsein nicht im Gegensatz zum Geliebtwerden, sondern ist dessen Ergänzung.

Don't F*ck Yourself, Love Yourself - LaDonna Banfield, Ch.T

Wie Funktioniert Intuition? - IntroBooks Team

Intuition ist ein Phänomen, das Menschen die Möglichkeit bietet, etwas instinktiv zu wissen, ohne analytische Gedanken zu übernehmen, und ein Gleichgewicht zwischen den bewussten und unbewussten Komponenten des menschlichen Geistes sowie zwischen Intuition und Absicht herzustellen. Die menschliche Unruhe beruht auf Jahrhunderten sozialer Vorurteile mit dem Gedanken, sich auf die Intuition zu konzentrieren. Im Zeitalter von Big Data scheint es eine List oder ein unangemessener Prozess zu sein, sich auf die Intuition zu verlassen, was andere als Geist, Instinkt, sechsten Sinn oder Bauchgefühl betrachten. Laut einer Studie von hochrangigen Führungskräften nutzen die meisten Geschäftspioniere ihre Erfahrungen und Gefühle, um Herausforderungen zu meistern. Und trotz des Auftretens ist Intuition kein unkonventioneller Begriff, der speziell dem Bereich der selbsterregenden Emotionen vorbehalten ist. In Wirklichkeit gibt es dafür eine neurologische Grundlage. Wenn man die intuitionsorientierte Wissenschaft versteht und weiß, wie Ideen beeinflusst werden können, kann man leichter entscheiden, wann es besser ist, mit dem Bauchgefühl umzugehen, und wann es besser ist, die verfügbaren Daten zu betrachten.

Mapping Motivation for Coaching - James Sale 2018-03-13

Mapping Motivation for Coaching, co-written with Bevis Moynan, is the first of a series of six books that are all linked to the author's Motivational Map toolkit. Each book builds on a different aspect of personal, team, and organisational development. This book is a practical guide to understanding how personal and career development is underpinned by motivation, and how coaching and mapping are perfectly complementary activities. More specifically, it shows how using Motivational Maps within an accepted coaching framework can not only accelerate the process in order to achieve results for the client more quickly, but also go deeper, both in mutual understanding and also the possibility of facilitating a successful outcome; for the client not only needs to understand their issue more effectively through the coaching process, but also needs to be motivated to want to take significant action to deal with it. Understanding, then, is one thing, but having the energy for follow-through is another, and it is precisely in this area that combining Maps with coaching techniques is so powerful. This highly original approach will enable all coaches everywhere in the world to get into the heart of their clients' issues faster, better, and be able to help them solve these issues more easily.

Intuition - Osho, 2010

L'intuition est l'échelon le plus élevé de la conscience. Elle n'appartient pas à l'intellect. L'intellect peut la sentir, mais il ne peut pas l'expliquer. L'intuition voyage sans véhicule - c'est un saut, un bond. Elle survient sans causalité, sans aucune source où que ce soit, juste un saut du rien à l'être. La raison la nie parce qu'elle est incapable de lui faire face. L'intuition vous guide uniquement vers vous-même. Elle n'a aucune dépendance, aucun besoin de l'autre, d'où sa beauté, sa liberté et son indépendance. Le mystique dit : Quoi que vous fassiez, l'existence restera inconnaissable, un mystère... L'inconnaissable est la beauté, le sens, l'aspiration, le but. Il donne un sens à la vie. Il est le secret. L'intuition est la manifestation de l'inconnaissable. Elle relève de l'âme et du subtil. Elle rend possible l'art, l'esthétique, l'amour, l'amitié. Elle donne du sens, de la joie, de la grâce. Elle vous apporte un silence immense, une sérénité inaliénable. La méditation est simplement un

coup frappé à la porte de l'intuition. L'intuition est votre conscience, votre être. L'intuition est la rose mystique qui vous guide vers l'extase ultime. Et votre vie devient une fête constante.

India Today - 2005

Everyday Creativity and the Healthy Mind - Ruth Richards

2018-08-20

As human beings we all have creative potential, a quality essential to human development and a vital component to healthy and happy lives. However this may often remain stifled by the choices we make, or ways in which we choose to live in our daily lives. Framed by the "Four Ps of Creativity" - product, person, process, press - this book offers an alternative understanding of the fundamentals of ordinary creativity. Ruth Richards highlights the importance of "process", circumventing our common preoccupation with the product, or creative outcome, of creativity. By focusing instead on the creator and the creative process, she demonstrates how we may enhance our relationships with life, beauty, future possibilities, and one another. This book illustrates how our daily life styles and choices, as well as our environments, may enable and allow creativity; whereas environments not conducive to creative flow may kill creative potential. Also explored are questions of 'normality', beauty and nuance in creativity, as well as creative relationships.

Meditation : The Art Of Ecstasy - Osho 2003

Glory Of Freedom (Sufis : The People Of The Path, Vol -Ii, Ch 1-8)

- Osho 1999

My Life With Osho - Azima V. Rosciano, MD 2014-03-26

The story of a man who, for 12 years, lived at the feet of the most controversial spiritual Master of our age: Osho. The author is one of the few European disciples who had the good fortune and the courage to stay with Osho through a series of tumultuous events, both in India and particularly in the United States. Life with the Master was unpredictable,

insecure and chaotic, as Osho was creating new challenges for his disciples on a daily basis. While describing this adventurous journey, Dr Azima also sheds light on contemporary spirituality and presents a seven-step path for seekers. This is a powerful story, a deeply devotional book and a must-read for any spiritual seeker. Dr Azima V. Rosciano studied medicine in Italy, obtaining his M.D. in Medicine & Surgery at the University of Palermo in 1977. After a short period of working in conventional hospitals in Sicily, he left Europe, travelling overland to India. Once in India, he met Osho, immediately became a disciple, and remained with him until the mystic's death in 1990. Transformed by this experience, Azima returned to the medical profession, and soon became one of Italy's most recognised and respected homeopathic doctors. Since then, he has published two books on medicine and two CDs of music therapy, as well as many articles in various magazines. He also has given several interviews on radio and television about the relationship between medicine and meditation.

Technologies for Intuition - Alaina Lemon 2018

"Cold War paranoia can only partly describe or explain the 20th century dreams of telepathy. The nightmare shades of mind control and crowd frenzy have long alternated with the pastels of love and collective effervescence. Both extremes materialized over time, along tangled circuits of wars, events and interactions staged across borders since at least the 19th century. The Cold War and its fences fed fascination with the workings and the failures of contact and communication. Opposed sides accused each other of jamming media and spinning propaganda even while they mirrored fantasies of connection. This book contrasts and connects Russian and American channels and means to check channels, with special attention to intersections of the telepathic with the theatrical. It theorizes links between historically layered struggles over technologies for intuition and dominant models of communication, commonsense or theoretical. It demonstrates that theories resting on models of individual sincerity and of dyadic communication warp understandings of the USSR and Russia--and thus of the USA, as well. It proposes that attention to the means of making and checking contact,

that is, to the phatic functions in language, offers a way out of the impasses and paradoxes of paranoia"--Provided by publisher.

How Creativity Rules the World - Maria Brito 2022-03-15

Learn to make creativity work for your career. Anyone, regardless of who you are or what you do, can cultivate the habits, actions, and attitudes that inspire creativity and innovation. *How Creativity Rules the World* shows that creativity is an inexhaustible resource available to everyone. It can be taught to all and is the key to thriving in the business world and beyond. This timeless guide promises to make the creative process of successful seven-figure artists and billion-dollar entrepreneurs—as well as Maria's own—accessible and actionable for you to take the power of their ideas to the next level. Contemporary art curator and writer of the popular newsletter, *The Groove*, Maria Brito discovered the power of creativity when she transitioned from being an unhappy Harvard-trained corporate lawyer to a thriving entrepreneur and innovator in the art world. After applying the principles in *How Creativity Rules the World* to her own business, Maria started teaching them to hundreds of people, ranging from entrepreneurs to artists to CEOs. Proven by her students' creative successes, Maria will guide you to strike gold with your ideas as well. In *How Creativity Rules the World*, you will learn how to: Overcome limiting thoughts and dispel myths about creativity. Unleash creativity through concrete data, historical passages, and examples of modern entrepreneurship. Develop timeless habits, principles, and tools that worked six centuries ago and continue to work today. Employ creativity in an everyday context to produce extraordinary results. With revealing studies and stories spanning business and art, this book is a deep dive into history, culture, psychology, science, and entrepreneurship; analyzing the elements used by some of the most creative minds throughout the last 600 years. There has never been a more crucial time than now to develop your creativity and your ability to innovate. Coming up with original ideas of value is today's most precious skill.

Mut - Osho 2012-07-13

Sprich nicht von Unsicherheit, nenne es Freiheit. Mut bedeutet nicht, frei zu sein von Angst, sondern vielmehr, sich im vollen Bewusstsein seiner

Ängste mit ihnen zu konfrontieren. Mut ist die Bereitschaft, der fundamentalen Unsicherheit des Lebens zu begegnen und sie als das grundlegende Mysterium unserer Existenz zu achten. Osho, der provokante spirituelle Lehrer, der seine Schüler und Anhänger stets radikal mit der existenziellen Ungewissheit des Lebens konfrontierte, beantwortet hier alle Fragen rund um das Thema Mut und Ängste. Er fordert dazu auf, jeden Augenblick des Lebens in all seiner Schönheit und Freude wie auch in seinem Schrecken und Schmerz bewusst zu erfahren – denn es gibt nichts zu fürchten!

Watch and Wait - Osho 2013-03-15

Watch and wait are two well known maxims from the world of meditation. Osho responds here to questions on 'Relaxing and Waking Up' and 'The Difference between Instinct and Intuition'. It is the simplicity and personal impact which makes Osho's works so accessible for every reader. "In meditation you are not going anywhere. You are simply being here, relaxed, utterly centered in yourself. Everything stops. For this, no "how" is needed."

Persönliche Meisterschaft für Manager - Dr. Michael Schroeder 2019-08-13

Persönliche Meisterschaft für Manager ist ein Buch, was den Leser dazu einlädt, durch ein besseres Verständnis von sich selbst und durch damit verbundene Erkenntnis-Prozesse sein Denken und Handeln aus einer tieferen Perspektive zu sehen. Dies verändert das Führungsverhalten nachhaltig. Der hier vorgestellte Fünf-Schritte-Weg führt auf kreative Art verschiedene Disziplinen - Selbstbeobachtung, Psychologie, Philosophie, Spieltheorie, Mentaltraining, Meditation, etc - zu einem dynamischen Konzept zusammen. Das Buch enthält eine Reihe von praktischen Beispielen, die den Leser zu seiner eigenen Erkenntnis und Transformation einladen.

[Buddha in the Classroom](#) - Donna Quesada 2011-05-11

Donna Quesada had been teaching for about a dozen years when the first signs of burnout hit her. Rather than give into her frustration, she reached for Buddha's teachings?the Zen wisdom that formed the basis of her own longtime spiritual practice. She survived the semester and

gradually rediscovered the joy of teaching that had been progressively declining. In this wonderful book, she shares the lessons she learned?lessons that reveal time and again: No matter the situation, it's always about getting your head in the right place first. Resolution begins in our own minds. Some days, some semesters, and even some years will be more challenging and more wearisome than others, she warns. But in *Buddha in the Classroom*, Quesada offers a lasting source of encouragement and inspiration. Although the book draws from Eastern teachings, the wisdom is for everyone, regardless of personal background, creed, or faith. With elements of *The Last Lecture* as well as *Chicken Soup for the Teacher's Soul*, this is the perfect gift for teachers?but also for anyone needing inspiration.

[Intuition](#) - Osho 2007-04-01

Discover your own deep well of wisdom in *Intuition: Knowing Beyond Logic*—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the “wishful thinking” that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual's natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th

Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

[Das Wachstums-ABC](#) - Su Busson 2014-03-26

Wünsche und Träume, Pläne und Ideen - wer hat sie nicht? Sie zu verwirklichen, ist die wahre Lebenskunst, und das „Wachstums-ABC“ weist den Weg dorthin. Von A wie Anfang bis Z wie Zukunft, über B wie Begeisterung, H wie Handeln, M wie Mut und V wie Vertrauen zeigt Su Busson, wie man Schritt für Schritt die „seelischen Muskeln“ trainieren kann, um seinen Herzenswünschen ein Stück näher zu kommen, sie konkret zu definieren und praktisch umzusetzen. Das Wachstums-ABC ist ein Arbeitsbuch für das persönliche Glück: Selbstsicherheit nimmt nur zu, wenn man sich immer wieder unsicheren Situationen stellt. Mutig wird man nur, wenn man handelt, obwohl das Herz bis zum Hals klopft. Seiner inneren Stimme zu vertrauen lernt man nur, wenn man ihr trotz aller Zweifel folgt. Wer seine Art zu denken, zu fühlen und zu handeln verändert, verändert auch sein Leben. Und dann können Wünsche wahr werden, von denen man früher nicht einmal zu träumen gewagt hätte.

The Oxford Handbook of Improvisation in Dance - Vida L. Midgelow 2019-02-21

From the dance floor of a tango club to group therapy classes, from ballet to community theatre, improvised dance is everywhere. For some dance artists, improvisation is one of many approaches within the choreographic process. For others, it is a performance form in its own right. And while it has long been practiced, it is only within the last twenty years that dance improvisation has become a topic of critical inquiry. With *The Oxford Handbook of Improvisation in Dance*, dancer, teacher, and editor Vida L. Midgelow provides a cutting-edge volume on dance improvisation in all its facets. Expanding beyond conventional dance frameworks, this handbook looks at the ways that dance improvisation practices reflect our ability to adapt, communicate, and respond to our environment. Throughout the handbook, case studies

from a variety of disciplines showcase the role of individual agency and collective relationships in improvisation, not just to dancers but to people of all backgrounds and abilities. In doing so, chapters celebrate all forms of improvisation, and unravel the ways that this kind of movement informs understandings of history, socio-cultural conditions, lived experience, cognition, and technologies.

Intuition - Die Kraft der Wandlung - Kurt Tepperwein 2021-01-05

Unsere eigentliche und ursprüngliche Kraft ist ein wahrer Schatz, der auf mysteriöse Art und Weise in Vergessenheit geraten ist. Wer mit seiner Intuition die inneren Verwirklichungskräfte wieder zum Leben erwecken will, kann dies mit Hilfe dieses Buches bewirken. Eine Harmonisierung der physischen, psychischen und emotionalen Verfassung fühlt sich nicht nur gut an, sie kann sich auch auf den Alltag auswirken. Endlich kann sich das Leben verändern! Es gibt nichts, was nicht möglich ist. Warum also nicht die Kraft der Wandlung nutzen? Erfahren Sie hier, wie Sie - ~ mit Ihrer Intuition in Kontakt treten ~ das Leben wieder zum Fließen bringen ~ sich selbst regenerieren ~ die innere Wahrheit leben ~ Gelassenheit erfahren ~ stimmig denken ~ Verantwortung für sich selbst übernehmen ~ im Gebet Heilung finden

The Grief Club - Melody Beattie 2009-08-07

The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. Part memoir, part self-help book, part journalism, The Grief Club is a book of stories bound together by the human experience of loss in its many forms such as death, divorce, drug addiction, and the tumultuous yet tender process of recovery. It's a book you need to read and share. Twenty years ago, Codependent No More established Melody Beattie as a pioneering voice in self-help literature and endeared her to readers who longed for healthier relationships. Over the years, Melody has invited readers into her life with several more best-selling books--each punctuated with her trademark candor and intuitive wisdom.

Kritik der integralen Vernunft - Johannes Heinrichs 2018-07-31

„Kritik“ ist hier nicht im Sinne von „Kritik üben“ gemeint, sondern im Sinne von Kants transzendentaler (= reflexiver) Wende: als erkenntnistheoretische Sichtung der Anfangsgründe oder Bauelemente einer Disziplin. Doch im Unterschied zur „reinen“ Vernunft darf der „integralen“ Vernunft nichts Menschliches fremd bleiben. Seit der notwendigen Emanzipation der empirischen Psychologie von der Philosophie vor einhundert Jahren kam es zu einer fortschreitenden Entfremdung zwischen diesen beiden Disziplinen. Inzwischen aber tut integrale, auf neue Ganzheit zielende, interdisziplinäre Zusammenarbeit not. Philosophische Psychologie ist Bewusstseinsforschung. Johannes Heinrichs beginnt mit einer überraschenden, in der Gegenwartsphilosophie verdrängten These zum Wesen des (Selbst-)Bewusstseins als Selbstbegleitung oder gelebter Reflexion (Selbstbezüglichkeit). Aus diesem einzigartigen „Radikalvermögen“ leitet er - in kritischer Rezeption von C. G. Jung - die Bewusstseinsfunktionen Wahrnehmung, Denken, Gefühl und Intuition ab. Mit seiner in mehreren Büchern schon bewährten reflexionstheoretischen Methode der dialektischen Subsumtion zeigt er jedoch konkreter die Durchdringung dieser großen Erkenntnisvermögen auf, um dann den Funktionskreis der Praxis (Werten, Wollen, Handeln) und schließlich seine Theorie der großen semiotischen Ebenen Handlung - Sprache - Kunst - Mystik schrittweise zu demonstrieren. "Es gibt Bücher, die einfach notwendig und längst fällig sind. Man wundert sich, dass und warum sie nicht längst geschrieben wurden. Diese philosophischen Anfangsgründe der Psychologie gehören dazu." (aus dem Vorwort von Prof. Dr. Franz-Theo Gottwald)

Intuition - Osho 2004

Library Journal - 2001

Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

The Cambridge Handbook of Creativity - James C. Kaufman 2010-08-23

The Cambridge Handbook of Creativity is a comprehensive scholarly

handbook on creativity from the most respected psychologists, researchers and educators. This handbook serves both as a thorough introduction to the field of creativity and as an invaluable reference and current source of important information. It covers such diverse topics as the brain, education, business, and world cultures. The first section, 'Basic Concepts', is designed to introduce readers to both the history of and key concepts in the field of creativity. The next section, 'Diverse Perspectives of Creativity', contains chapters on the many ways of approaching creativity. Several of these approaches, such as the functional, evolutionary, and neuroscientific approaches, have been invented or greatly reconceptualized in the last decade. The third section, 'Contemporary Debates', highlights ongoing topics that still inspire discussion. Finally, the editors summarize and discuss important concepts from the book and look to what lies ahead.

Into the Pure ... - Tim Nicholls 2017-06-01

You have a hidden power, and with it you can learn how to create a better life. This hidden power is your intuition, and as Albert Einstein once said, "The intuitive mind is a sacred gift, and the rational mind a faithful servant. We have created a society that honors the servant and has forgotten the gift." But how do we rediscover our intuitive minds? How can we harness this hidden power and realize our potentials? In Into the Pure ... author Tim Nicholls shares the key to his adventures, vitality, and experiences, and he explains how he unlocked the way that led him toward an intuitive understanding of spiritual empowerment.

Being open to your own intuitive mind is about being open first to the spiritual dimension—the real you! And focusing on your inner self, feeling your body's mindfulness, and developing meditative skills will give you the power to hear and interpret the intuitive messages emanating from within. From there, the spirit—the energy of life, the self—will become paramount to your understanding of your being. You will discover how it can answer all things. Developing your intuition is about empowerment and working into the pure energy of your being, and this intuition is the way your inner self communicates. It will point the way in your life with amazing power. You need to get to know it as a close friend—as another voice in your life, shining from within.

Ein Kurs in Meditation - Osho 2021-05-10

Deutsche Erstausgabe: Neues aus der Schatzkiste des indischen Mystikers In einem 21-Tage-Programm, völlig neu kombiniert aus den berühmten Osho-Talks, erklärt der Mystiker Osho Leserinnen und Lesern schrittweise das Ziel der Meditation: die Einheit von Körper, Seele und Geist. Der Weg führt vom Gewahrsein über das Erkennen von Verhaltensmustern, dem Entdecken der Stille und vielen anderen köstlichen Erfahrungen zum Zustand von Zorba, the Buddha. Dieser ist ein Wesen aus Fleisch und Blut, der aber das ewige spirituelle Bewusstsein in sich trägt. Und jeder Mensch kann diesen Zustand erreichen. Osho sagt: "Mein Anliegen ist es, Meditation allen Menschen zugänglich zu machen. Jeder, der meditieren möchte, sollte seinem Typ entsprechend Zugang zur Meditation erhalten."